

1 **Dog Ecology and Rabies Knowledge, Attitude and Practice (KAP) in the Northern**
2 **Communal Areas of Namibia**

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56 **Abstract:**

57 In 2021, a comprehensive dog demographic questionnaire combined with a KAP survey
58 were conducted in the northern communal areas (NCAs) of Namibia with the aim of gaining a
59 better understanding of dog populations, owner behaviour, and knowledge, attitudes and
60 practices (KAP) relating to rabies. The survey of 3,726 households across the eight regions
61 of the NCAs provided insights that will inform interventions on order to improve human rabies
62 prevention and Namibia's dog rabies control strategy. The results showed a relatively low
63 average human/dog ratio (HDR) of 5.4:1 indicating a surprisingly high dog population of at
64 least 272,000 dogs in the NCAs, 93% of which appear to be owned but are free-roaming.
65 Data analysis revealed opportunities but also highlighted needs for improvements in rabies
66 surveillance and mass dog vaccinations. Although knowledge, attitude, and practice scores
67 towards epidemiologic and clinical aspects, human rabies prevention, and canine rabies
68 vaccination were deemed to be acceptable, the survey nevertheless revealed deficiencies in
69 some of the population. Interestingly, data seemed to indicate a certain number of
70 unreported human rabies cases. Other findings included the very high number of dogs.
71 However, only 50% of dog-owning households reported having vaccinated their dogs. In
72 order to address these issues, the planning, announcement, and implementation of mass
73 dog vaccination campaigns need to be adapted to achieve adequate vaccination coverage.
74 Another focus needs to be on rabies awareness and education if Namibia is to be
75 significantly contributing to the global goal of "Zero by 30".

76

77

78 **Keywords:** Africa, attitude, dog population estimation, field survey, knowledge, Namibia,
79 practice, rabies.

80

81

82 **Author Summary**

83

84 As a neglected disease, rabies remains a major One Health problem in Africa and Asia.
85 Here we report the results of an extensive community survey on dog ownership and
86 knowledge, attitudes and practices (KAP) related to rabies control and prevention, covering
87 the Northern Communal Areas of Namibia. Our results showed that the dog population is
88 large with a human/dog ratio (HDR) of 5.4:1, of which the vast majority is free-roaming thus
89 supporting disease transmission but complicating control efforts. The majority of people
90 across this part of Namibia were aware of rabies and had acceptable levels of attitudes and
91 practices. While dog bite incidences per 100,000 people were high, ranging between 262
92 and 1,369, more than 90% of bite victims reported having visited a hospital after a bite
93 incident. Still, gaps in dog rabies surveillance exist and incomplete or missing post exposure
94 prophylaxes caused human casualties and call for ongoing interventions aimed at increasing
95 knowledge and awareness.

96 **1. Introduction**

97 Dog-mediated rabies has long been a major socioeconomic and public health threat
98 for people in low- and middle-income countries of Africa and Asia. Although it is an entirely
99 vaccine-preventable disease, tens of thousands of people still die each year from rabies,
100 which is usually transmitted to humans through bites from domestic dogs in these regions
101 [1,2]. However, estimating the true burden of canine rabies in humans is difficult because of
102 drastic under reporting due to inadequate surveillance in most countries where canine rabies
103 is endemic [3]. Recognizing that rabies in dogs can be controlled with available resources,
104 the international community, led by the tripartite organization (WHO, WOA and FAO), has
105 agreed on a global strategic plan, in line with the United Nations Sustainable Development
106 Goals, to end dog-mediated rabies in humans by 2030 [4,5].

107 In Namibia, dog-mediated rabies is endemic and mainly confined to the Northern
108 Communal Areas (NCAs), where it has caused more than two hundred human rabies deaths
109 since the beginning of the millennium [6]. To address this increasingly problematic situation,
110 the Namibian government implemented a dog rabies control program in the NCAs in 2016
111 [7,8]. While the pilot project in the Oshana region and the initial roll-out phase were
112 considered a great success, progress in controlling canine rabies has stagnated in recent
113 years [9]. This is partly because of the SARS-Cov-2 pandemic, as well as recurrent
114 outbreaks of foot-and-mouth disease (FMD) and contagious bovine pleuropneumonia
115 (CBPP) in parts of the NCAs. This required concerted actions by both public and animal
116 health in an attempt to bring the situation under control [10,11]. As a result, rabies mass dog
117 vaccinations planned for the years 2020-2022 were jeopardized as resources had to be
118 diverted [9]. However, even in the few areas in the NCAs where parenteral mass dog
119 vaccination (MDV) campaigns could be conducted after all, follow-up studies showed that
120 vaccination coverage rates in dogs were below the thresholds needed for rabies control and
121 elimination [9], indicating inadequacies of this approach in resource-poor settings [12]. The
122 reasons and challenges can be many, ranging from infrastructural issues due to the
123 geographic location (dispersed) of the region, to the level of awareness in the population and
124 knowledge of the density of susceptible dog populations, to maintaining adequate herd
125 immunity in free-ranging dog populations, to name a few [12–14].

126 Knowledge, Attitudes and Practices (KAP) surveys are a quantitative method
127 (predefined questions formatted in standardized questionnaires) that are widely used to
128 gather quantitative and qualitative information for effective planning of public and animal
129 health intervention programs [15–17]. Objectives may include provision of baseline data for
130 planning, implementing and evaluating national control programs, identifying knowledge
131 gaps, cultural beliefs, and behavior patterns and barriers to infectious disease control, and
132 designing public health or disease awareness campaigns [18]. Numerous KAP surveys on

133 rabies have been published from African countries with widely varying targets, e.g. Benin
134 [19], Burkina Faso [20], Cameroon [21], Chad [22], Côte d'Ivoire [23], Democratic Republic of
135 the Congo [24], Ethiopia [25–28] Ghana [29], Mali [30], Morocco [31], Nigeria [32], Rwanda
136 [33], Senegal [34] Tanzania [18,35], Uganda [36,37], and Zimbabwe [38]. In Namibia, rabies
137 tailored KAP surveys have been conducted only on a small scale, e.g. individual towns or
138 constituencies in the NCAs [39,40].

139 We hypothesized that knowledge about baseline data and owners' attitudes towards
140 dog vaccination and post-exposure prophylaxis (PEP) translates into improved, optimized and
141 refined rabies control and prevention strategies. Thus, the first objective of this large-scale
142 cross-sectional community survey was to gain a better understanding of the dog demography
143 and the human/dog ratio (HDR) in the affected areas to provide more realistic estimates of dog
144 population sizes in different settings using nationally available human census data. The second
145 objective was to obtain up-to-date information on community members' knowledge, attitudes,
146 and practices regarding rabies under the conditions of the national canine rabies control
147 program implemented in the NCAs. Specifically, we wanted to determine if there were any
148 knowledge gaps, misconceptions, or misunderstandings that might hinder current rabies
149 control implementation, acceptance, and behavior change. Another focus was to receive
150 information about dog bite incidents and associated post-exposure practices of community
151 members as a basis for implementing an integrated bite case management (IBCM) pilot
152 project.

153

154 **2. Materials and Methods**

155 **2.1. Study design and setting**

156 A cross-sectional study was conducted from April to June 2021 in the eight regions of
157 NCAs, i.e., Kunene, Omusati, Oshana, Ohangwena, Oshikoto, Kavango West, Kavango
158 East, and Zambesi, which are sub-divided into 75 constituencies. The study area covered
159 approximately 263,376 km² and included the entire implementation area of the national dog
160 rabies elimination program representing 31.9% of Namibia's territory [8]. According to the
161 2016 Namibia population and housing census, these regions are inhabited by about 1.32
162 million people representing 56.9% of the country's population with an average household
163 (HH) size of 4.48 persons. The average population density in the NCAs ranges between 0.85
164 people/km² (Kunene) and 23.87 people/km² (Ohangwena) [41].

165 In order to estimate the proportion of the assessed parameters among the overall HH in
166 the study area from a sample of HH, the sample size was calculated based on the worst-
167 case assumption of a 50% prevalence of parameter occurrence. Conservatively, the number
168 of households was assumed to be infinite, and an accepted error of 5% with 95% confidence
169 was chosen. Based on established calculation methods [42] these specifications yielded a

170 sample size of 385 per region of the NCA, which resulted in a total sample size of 3,080 HHs
171 to be surveyed. In the absence of clearly defined administrative boundaries for
172 villages/settlements and an official HH register for NCAs, so-called "crush pens" (n=194)
173 were used as a starting point for selecting HHs to be interviewed and randomly selected
174 using available GIS layers. Crush pens are uniformly distributed, permanent facilities within
175 NCAs that are regularly used as vaccination sites for cattle but also for targeted mass
176 vaccination campaigns for dogs [8,10,43]. To achieve the sample size, survey teams were
177 required to interview at least 15 HH in the vicinity of selected crush pens. To cope with
178 assumed potentially incomplete or compromised data sets, the sample size was increased to
179 20 HH per crush pen.

180

181 **2.2. Data collection**

182 Data were collected using a self-designed, multi-structured questionnaire to assess dog
183 demographics and KAP towards rabies. Closed multiple-choice questions and variables were
184 selected to capture details on individual and HH characteristics in order to assess
185 socioeconomic status and education level [18,44,45]. The questionnaire consisted of five
186 sections. Here, specific questions addressed respondents' sociodemographic background
187 and characteristics (Section 1); dog demographics, i.e., dogs living in the HH at the time,
188 including information on dog ownership, management, and vaccination (Section 2); and
189 respondents' knowledge, attitudes, and practices regarding rabies, rabies prevention
190 strategies, actions toward animals suspected of being rabid, and incidents of animal bites in
191 the HH in the past two years (Sections 3, 4, and 5). The questionnaire is available in the
192 Supplementary Materials.

193 Door-to-door surveys were conducted by a total of 37 enumerators (between 3 and 6 per
194 region) in teams of two over a period of 5 to 7 days in each region. Since the settlement
195 areas were widely scattered, the direction taken by the survey teams from the crush pen
196 was randomized. Along the route, every third house was surveyed, taking predefined turns at
197 successive road junctions until the required number of HHs to be surveyed in the area was
198 reached. One adult member per HH was selected for the survey, which was conducted in the
199 local language or in English, depending on the preference of each respondent.

200 Respondents had the option to stop the interview at any time despite their initial consent.

201 Survey data were collected via mobile phones using the Worldwide Veterinary Service
202 smartphone App (WVS Data collection App) essentially as described (Gibson et al., 2018,
203 Freuling et al., 2022). The App and its template were kindly provided by the non-
204 governmental organization Mission Rabies (<https://missionrabies.com/>). The questionnaire
205 form was pre-designed by an administrator on the backend platform and integrated into the
206 WVS Data collection App and remotely loaded to the handsets using 3G. Data were entered

207 offline and synchronized via WiFi or mobile data to a web-based server once an internet
208 connection was available and uploaded online. Enumerators were trained in mobile App
209 supported survey techniques during a pilot study. The survey coordinator monitored survey
210 progress in the field by accessing the App database and provided technical advice and
211 feedback to survey teams via WhatsApp chats and calls (Gibson et al., 2018).

212

213 **2.3. Data analysis and statistics**

214 Data collected during the study were downloaded from WVS software in comma-
215 separated value files (CSV), checked for errors and analyzed using R software (version
216 3.50). Logistic regression analyses were performed to assess the factors associated with dog
217 ownership status, dog vaccination status, having heard of rabies, dog bite and dog meat
218 consumption practices as a binary outcome using the socio-demographic characteristics as
219 explanatory variables (sex, age, qualification, occupation, livestock ownership, region,
220 settlement type/residence). First, a univariable logistic regression analysis was performed
221 and explanatory variables with p-values ≤ 0.20 were included in a multivariable model. The
222 variables with p-value ≤ 0.05 were considered significant. Model fitting was conducted using
223 the Hosmer-Lemeshow test with estimates presented as adjusted odd ratios (AOR) with
224 corresponding 95% confidence interval (CI).

225 Using the number of dogs and people identified per HH surveyed, the proportion of dog-
226 owning HHs (DOHHs), the HDR and the dog:HH ratio in the study area were estimated
227 [46,47] with confidence limits calculated for proportions and means [48,49]. Population and
228 HH data from the 2016 Inter Censal Demographic Survey (NIIDS) [41] were used to estimate
229 the total dog population in the NCA by region and constituency according to recent literature
230 [50]. The dog population was also calculated projected using the annual growth rate for 2021
231 according the Namibian Statistics Agency. The human population density at the location of
232 the individual survey was derived from the Gridded Population of the World, Version 4
233 (GPWv4) [51].

234 Respondents of the KAP survey were categorized into two groups, below and above
235 average knowledge, for each of the three areas knowledge of, attitude towards and practice
236 with rabies. Knowledge and attitude were assessed only for those who were generally aware
237 of rabies as a disease, practice only for those who had experienced a dog bite themselves or
238 in the HH. Categorization in the aforementioned areas was based on six, two and seven
239 multiple choice questions, respectively. Questions were scored through an evaluation of
240 each answer. Points, i.e. one point for each correct and zero for each incorrect answer, were
241 awarded for each selected correct answer as well as each non-selected incorrect answer
242 with a maximum of 23, 12 and 17 achievable points, respectively. The mean of the scored
243 points was calculated for each area and used as a threshold for performance

244 dichotomization. Scores below average were labelled negative or poor [24,52]. Descriptive
245 statistics were calculated as frequency, percentage, point estimates, mean and inter quartile
246 ranges (IQR). Data were analysed using Pearson chi-square test, Pearson correlation,
247 independent T-test, and one-way analysis of variance (ANOVA) test. At 95% Confidence
248 Interval, a p value < 0.05 was considered to be statistically significant.

249

250 **2.4. Ethical and legal considerations**

251 Research permission and ethical clearance was obtained from the Directorate of
252 Veterinary Services (DVS) within the Ministry of Agriculture, Water, and Land Reform Namibia
253 (MAWLR) (CVO 14 April 2021) and from the National Commission on Research Science and
254 Technology, Namibia (file reference AN202101020). The study followed established
255 procedures in Namibia related to statistical surveys (Statistics Act 9 of 2011) [53]: As no
256 sensitive individual information or clinical samples were collected from participants, the
257 requirement for signed, informed consent was waived. Permissions to visit the respective
258 communities was granted from both official local and traditional authorities prior to the initiation
259 of the research at the respective constituencies. Prior to the individual interview, respondents
260 were informed of the objectives of the study, advised that participation was voluntary, and that
261 all data collected would be kept confidential. Subsequently, verbal consent was obtained. Only
262 participants over 18 years of age were interviewed. If the selected respondent did not verbally
263 consent to be interviewed, the next respondent was selected and interviewed.

264

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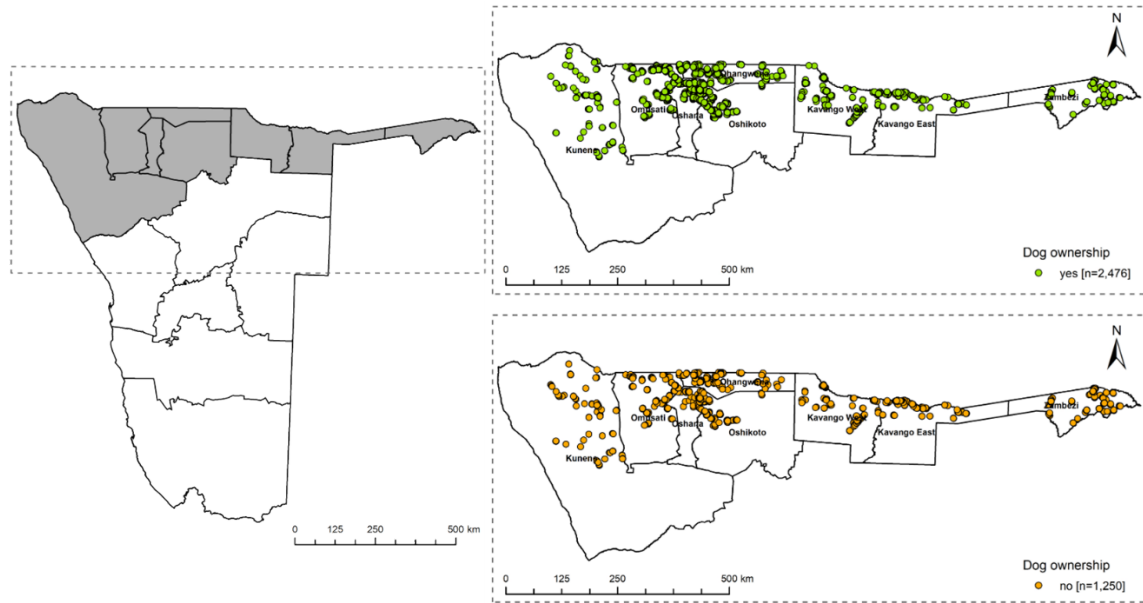
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267 **3. Results**

268 **3.1. Sociodemographic characteristics of respondents**

269 The dog demography and KAP survey was delivered to 3,771 HHs in the NCAs, of which
270 3,726 HHs (98.8%) consented to be interviewed representing a population of 29,892 people.
271 The survey covered 55 of 75 constituencies of the NCAs (Fig 1).

272



273

274

275 **Fig 1.** Map of Namibia showing the eight regions of the NCAs (left). In the zoom outs, the

276 location of the surveyed households (HH) in the NCAs from April to June 2021 is shown.

277 HHs without dogs and dog owning households (DOHHs) are highlighted in green and

278 orange, respectively (right).

279

280 The gender ratio was completely balanced with 50% women, equaling one man to one

281 woman. Respondents represented all age groups most of whom were farmers (42.08%) or

282 unemployed (24.37%) and reported having primary (26.14%) or secondary education (42.08%)

283 (S1 Table, Fig 2). The average size of families (people living in one HH) was 8.02 people

284 (range 1-70) with an average of 3.9 children per family.

285



286

287 **Fig 2.** Socio demographic characteristics of 3726 HH's respondents in NCA, Namibia, 2021.

288

289 3.2. Dog demography

290 Two-thirds (66.5%; 2477/3726, CI 64.9-68.0) of HHs surveyed in the NCAs reported

291 keeping dogs (n=5483). The proportion of DOHHs in rural HH (2059/2972, 63.3%, CI 67.6 –

292 70.9) was significantly higher [$\chi^2 (1, N = 3726) = 52.7, p < .001$] than in urban HH (417/754,

312 **Fig 4.** Comparison of HDR per HH differentiated between rural and urban in the survey.
313 The human population density at the location of the individual survey was derived from the
314 Gridded Population of the World, Version 4 (GPWv4) [51].

315
316 Using the estimated HDR of 5.45 from the survey and assuming a total human
317 population of 1,324,290 according to the 2016 Census or the projected human population
318 data for 2021 with an annual growth rate of 1.86% (according to the 2019 Census, n=
319 1,480,204), the total number of dogs in the NCAs was estimated to range between 242,875
320 (95% CI: 239,167 – 246,583) and 271,597 (95% CI 267,325 – 275,614), respectively, with
321 constituencies in the Omusati, Ohangwena und Oshikoto region having the highest numbers
322 of dogs (S1 Fig). This resulted in an estimated overall dog density of 0.94 dogs/km² for the
323 entire NCAs, whereby urban areas of Katima Mulilo, Rundu, Ondangwa, Ongwediva and
324 Oshikoto are supposed to have dog densities higher than 30 dogs/km² (S2 Fig).

325 If the average dog:HH ratio of 1.47 according to the survey and the number of HHs as
326 per 2016 (n=294,698) and 2019 (n=279,280) census is used for calculation, the dog
327 population for the NCAs would range between 410,541 (95% CI 393,785 – 427,298) and
328 433,206 (95% CI: 415,524 – 450,888) resulting in a dog density of about 1.65 dogs/km².

329

330 **3.3. Dog rabies vaccination**

331 Survey records indicate that 49.6% (1228/2476) of DOHHs reported that their dogs
332 were vaccinated during the 2020 mass dog vaccination campaign, representing an overall
333 vaccination coverage rate of 38.6% (2118/5483) based on the number of dogs identified (S2
334 Table). A multivariable logistic regression model showed that dog-owning respondents from
335 urban settlements were more likely to have their dogs vaccinated (OR = 2.7; 95% CI = 2.1-
336 3.6; P<0.001) than respondents from rural settlements. Significant associations with dog
337 vaccination were also found among persons owning livestock (OR = 2.1; 95% CI = 1.7-2.7;
338 P<0.001), male respondents (OR = 1.6; 95% CI = 1.2-2.8; P<0.001), and persons who had
339 "heard of rabies" (OR = 2.1; 95% CI = 1.7-2.7; P=0.017) (S3 Table). The fixed-effects
340 multivariable model appeared to fit the data adequately (Hosmer-Lemeshow goodness-of-fit
341 test statistic (GOF) = 7.626, degree of freedom (DF) = 8, P = 0.471). However, there were
342 regional differences; vaccination coverage was higher in urban areas (52.4%, 444/847) than
343 in rural areas (36.1%, 1674/4636), with the fewest dogs vaccinated in the Zambezi region
344 (18.9%, 92/486) and the most dogs vaccinated in the Oshana region (57.1%, 368/645) (S3
345 Table).

346 When asked about the approximate distance between their residence and dog
347 vaccination sites, 69.1% (848/1228), 24.3% (299/1228), and 6.3% (77/1228) of respondents,
348 respectively, indicated that it was < 1 km, between 2 and 3 km, and 4 km or more,

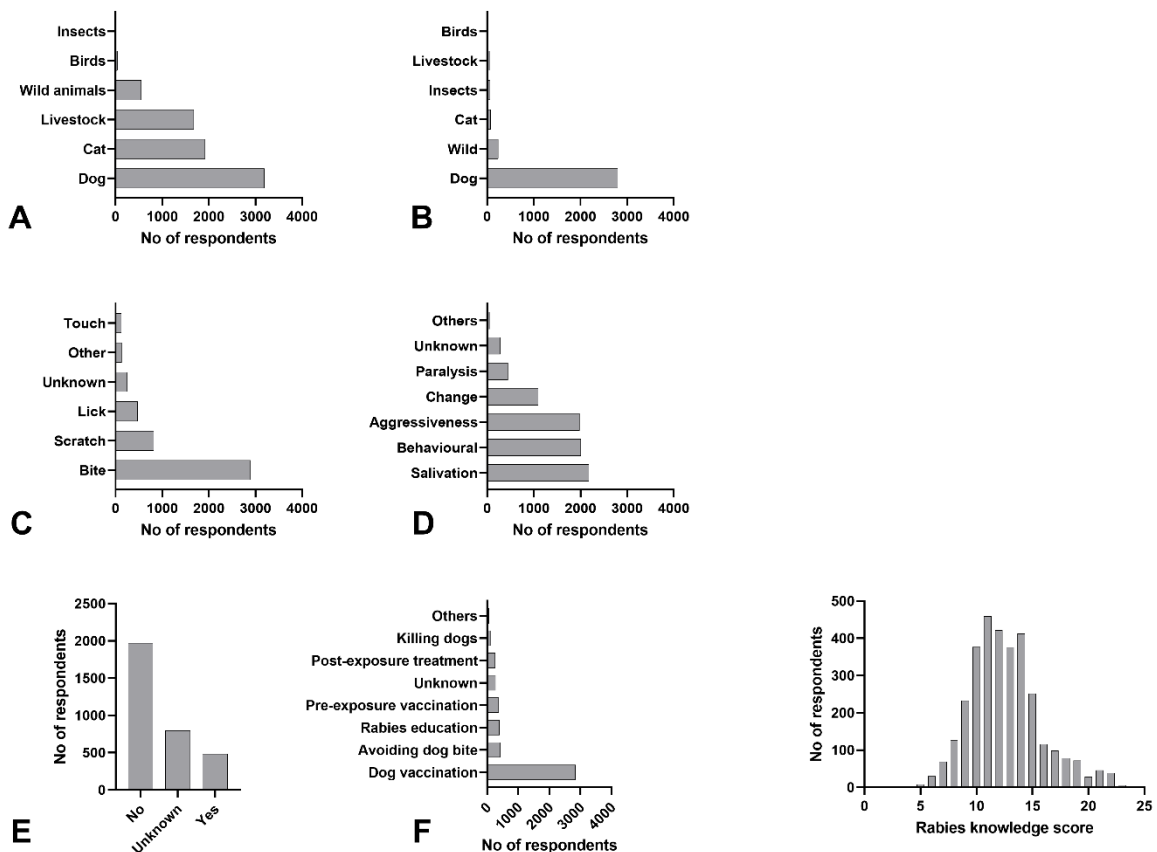
349 respectively. About 60.1% (738/1228) and 55.8% (685/1228) of dog owners cited the radio
 350 and veterinary personnel, respectively, as sources of information about vaccinations. In
 351 contrast, of the DOHs who did not vaccinate their dogs during the 2020 vaccination
 352 campaign, 43.6% (544/1249) reported that they were not aware of MDV campaigns. When
 353 asked about causes of death, 7.7% (67/870) of respondents from DOHH having affirmed dog
 354 fatalities in 2020 indicated that their dogs most likely died from rabies.

355

356 **3.4. Knowledge, Attitude and Practices survey**

357 While the majority (87.3%, 3252/3726) of respondents in all regions had heard of
 358 rabies, the level of knowledge about rabies among respondents was heterogeneous. With a
 359 score below the mean of 12.6 points (range 3 to 23; IQR 10-14), 53.1% of respondents were
 360 moderately to poorly informed, while 46.9% were classified as well informed (Fig 5). Good
 361 knowledge about rabies was strongly associated with gender (male; OR = 1.5; 95% CI = 1.3-
 362 1.7; P<0.001), residence setting (urban; OR = 1.7; 95% CI = 1.4-2.0; P<0.001) and dog
 363 ownership (OR = 1.2; 95% CI = 1.1-1.4; P<0.016), while poor knowledge is often linked to
 364 limited schooling (OR = 0.7; 95% CI = 0.6-0.9; P=0.0007) (GOF = 10.635, DF = 8, P- value =
 365 0.262) (S5 Table).

366



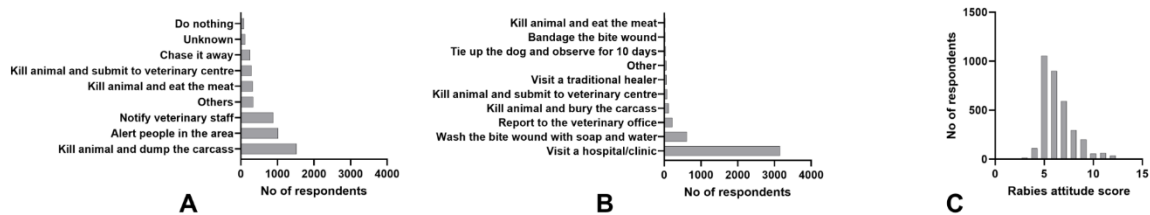
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368 **Fig 5.** Respondents' responses to the question about rabies: A: Which animals can get
369 rabies?; B: What is the main source/vector of rabies?; C: What is the mode of
370 transmission?; D: What are the clinical signs of rabies?; E: Can rabies be treated?; F:
371 What prevention methods do you think are the most appropriate?; G: Distribution of
372 respondents total knowledge score.

373

374 Responses to the attitude statements indicated that most people had a correct attitude
375 toward encountering rabid dogs or being bitten by rabid dogs. The obtained minimum score
376 was 3 out of 12 points with a mean score of 6.3 (median=6) 1st IQR =5, 3rd IQR =7 (Fig 6).

377



378

379

380 **Fig 6.** Answers of respondents when ask what would they do if they (A) would encounter a
381 suspect rabid dog and (B) were bitten by a dog. Distribution of respondents' total attitude
382 score (C).

383

384 Using the mean score as the cut-off 36.5% had a favorable attitude towards rabies.
385 Residence (urban areas; OR = 1.8; 95% CI = 1.5-2.5; P<0.001) and a good knowledge score
386 about rabies (OR = 2.5; 95% CI = 2.2-2.9; P<0.001) had a significant positive effect on
387 'attitude towards rabies', while poor attitude were linked to rudimentary education (OR = 0.7;
388 95% CI = 0.6-0.8; P=0.00038) (GOF = 5.271, DF = 8, P- value = 0.728) (S6 Table).

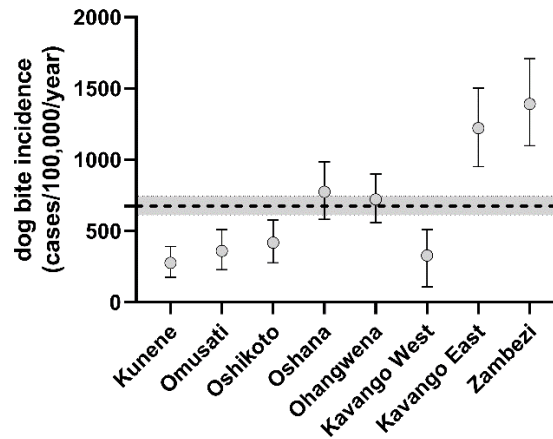
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390 ***Dog bite incidence and response***

391 A total of 403 respondents (10.8%) reported dog bites in the past two years, resulting in
392 an overall annual bite rate of 674 (95% CI 612- 743) per 100,000 residents, with incidences
393 above average reported from the Kavango East and Zambezi regions (S4 Table, Fig 7).

394

395



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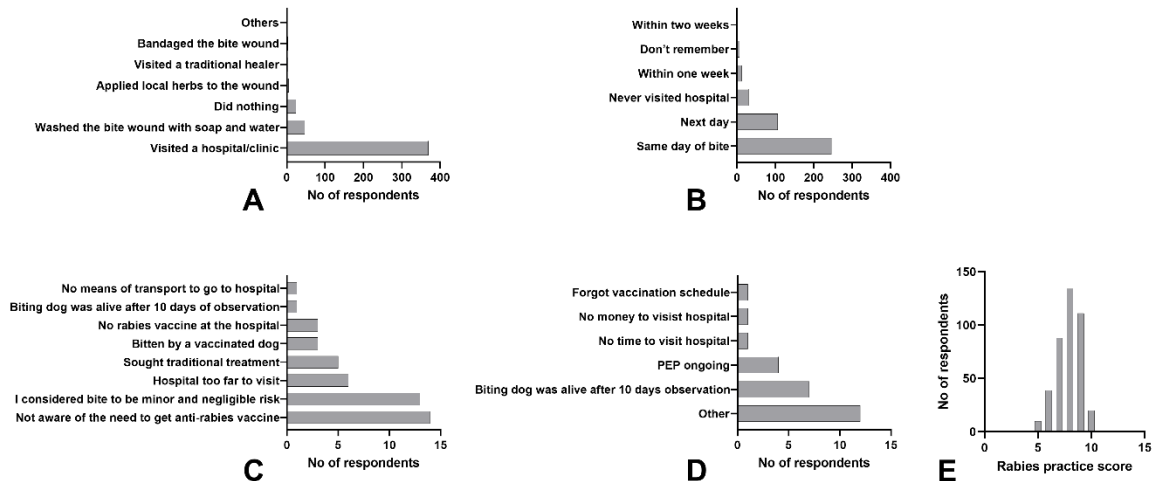
397 **Fig 7.** Graph depicting the dog bite incidence in the different Northern Regions of Namibia.
398 Mean (circle) and 95% CI (whiskers) are indicated. The dashed line and grey area symbolize
399 the mean and 95% CI for the total NCAs.

400

401 Bite incidents were reported for all HH members, and included provoked bites (40.4%;
402 163/403), unprovoked bites (53.6%, 216/403), while 5.9% (24/403) of respondents could not
403 recall the cause of the bite incidents. Men were less likely to experience and/or report dog
404 bites (OR: 0.8; 95% CI: 0.6-0.9; P-value = 0.015) than women (GOF = 0.0086, DF = 8, P-
405 value = 1.000). In 21.8% of cases, the biting dog was proven to be vaccinated, in 36.2% was
406 unvaccinated, and in 41.9% the vaccination status of the biting dogs were unknown. In one
407 third of the cases the biting dogs were subsequently killed. When asked, only 4.3% of
408 respondents indicated that they had submitted these dogs for laboratory testing.

409 Responses related to behavior patterns, i.e. bite wound management and health seeking
410 behavior in case of bite exposure, are depicted in Fig 8. Respondents scored a minimum of 5
411 and a maximum of 11 points, with a mean of 7.9 (median=8) IQR: 7-9. Thus, 66% were
412 identified to have 'good practices', while 34% (137/403) were rated with poor practices
413 related to dog bites and management. Although the majority of respondents (91.6%,
414 369/403) reported having visited a hospital after a bite incident, 12.2% did not complete the
415 follow-up. A total of 46 respondents did not seek medical attention as they were unaware of
416 the need for post-exposure rabies vaccination (30.4%) or considered the bite to be minor and
417 of negligible risk (28.3%). Respondents reported that a total of seven bite victims in Kavango
418 East (1), Ohangwena (3), Oshana (1), and Zambezi (2) died from animals suspected of
419 having had rabies during the past two years in their communities.

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Fig 8. Respondents' practice behaviors related to immediate action/measure after a dog bite (n=403) (A), time elapsed until hospital visit (n=369) (B), reasons for not seeking medical help at a hospital (n=43) (C) reasons for not completing a PEP course (n=29) (D). Distribution of respondents total practice score (E).

4. Discussion

By combining the dog demographic questionnaire and the KAP survey, a detailed picture of dogs living in HHs and communities of the NCAs and their owners' knowledge, attitudes, and practices regarding rabies was obtained. This differed from earlier studies in parts of the same region, where the focus of these surveys had been primarily on rabies knowledge and awareness, while issues important for rabies control and prevention, such as dog demographics and human behavior in case of bite exposure, had not been adequately addressed [39,40]. With 3726 HHs interviewed representing 2.2% of the local population living in the NCAs, this is one of the largest dog demography and KAP studies in the Southern African Development Community (SADC). Only in Tanzania the number of HHs interviewed (n=5141) was higher [18]. Considering the size of the study area (Fig 1), the organization of this combined survey was logistically complex and required significant time efforts from the teams (n= 18) in addition to their day-to-day activities. Therefore, it is all the more remarkable that the survey could be conducted in a relatively short period of two months, considering the distances the teams had to travel for this large-scale door-to-door survey (Fig 2). Also, data collection via the WVS data collection app was critical, as it formed the basis for the automated, computerized assessment of the survey which could become a standard for similar future projects [43,54].

Information on dog demographics and dynamics are critical for developing and planning effective vaccination strategies that are tailored to the target dog population, in

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448 particular free-roaming dogs [55–57]. In order to improve the effectiveness of the
449 implementation of the rabies control and prevention measures, it was incumbent to
450 adequately assess the dog population in the NCAs; despite a national rabies control strategy
451 in place [7,8] the dog population in Namibia could, unfortunately, never be accurately
452 determined due to a lack of reliable data [8]. Based on this survey, the calculated HDR of
453 5.45 for the NCAs (range 4.48 - 6.96, Fig 3) reflects ratios reported for Guatemala [58], Chile
454 [59], Zimbabwe [60], Madagascar [61], and Thailand [62]. The HDR is much lower as
455 compared to previous estimates that ranged from 9.95 (rural) to 15.2 (urban) [63], but had
456 recently been corrected to 8.3 (entire NCAs) [8]. The latter dog population estimates were
457 derived from either mean ratio estimates for the region used to extrapolate population sizes
458 or, if ratios were not available for a region, mean ratios from neighboring regions and
459 countries were used to extrapolate population sizes [63]. Using the HDR derived from this
460 survey and nationally available human census data, the total number of dogs in the NCAs
461 lies within a in range of 247,000 to 272,000, which is much higher than previously estimated.
462 Generally, the HDR does not vary much across the NCAs (Fig 3). Although the number of
463 DOHHs is higher in rural areas, if exact human population data from the 2016 census are
464 used, there is no difference in the HDR between the two main types of settlement structures
465 at a HH level (Fig 4). This is in contrast to other studies and assumptions that suggest that
466 HDRs are generally higher in urban areas than in rural settings [1,63,64] and may be unique
467 to Namibia based on its settlement structure [65]. These data suggest that there are little
468 sociocultural differences in dog ownership in the NCAs, despite the relatively large number of
469 ethnic groups living in Namibia.

470 It is surprising that extrapolating the size of the dog population from the calculated
471 dog/HH ratio and the number of HHs according to the 2016 and 2019 census data results in
472 such a high discrepancy (factor of 1.6) compared to using the HDR. One explanation could be
473 that there are major differences between the definitions of a HH in our KAP study as compared
474 to national censuses or UN definitions as discussed [66]. In our study, a HH was defined as a
475 group of people who normally live and eat together under one roof. Interestingly, however, the
476 census report does not include definitions, which may explain the discrepancy between
477 294,698 and 279,280 HH for 2016 [41]. Thus, there is good reason to believe that the size of
478 the dog population of about 433,000 dogs based on the dog/HH ratio is an overestimate for
479 the NCAs and generally suggests that population estimates based on HDRs may be more
480 reliable.

481 Indeed, unreliable data or underestimated dog populations make it difficult to plan
482 MDV campaigns and estimate the resulting vaccination coverage. The new dog population
483 size estimates calculated in this study likely explain the relatively low overall vaccination
484 coverage observed in this study (38.6%). It is difficult to prove whether the survey information

485 can be trusted, as the dog owners usually do not have the appropriate vaccination certificate
486 and if they do, it is often not clear whether this applied to the dogs living in the HH at the time
487 of the interview. Using specially designed vaccination tracking devices, it was shown that
488 vaccination coverage was sometimes even lower, which explains the stagnation in controlling
489 dog-mediated rabies in recent years [9]. Similar problems occurred in Tanzania, where
490 during 2013-2017, when vaccination coverage was monitored, only about 20% of vaccination
491 sites achieved the recommended coverage rate of 70%, with an average coverage rate of
492 about 50% [14]. Unsuccessful vaccination campaigns have also been reported from
493 countries such as Chad, Kenya, Nigeria, and South Africa with vaccination coverages far
494 below the optimum [67–70]. This highlights the challenge to increase and maintain herd
495 immunity in dogs in these regions [12,14], especially considering that almost all dogs in this
496 area are owned but free-roaming. Controlling canine rabies in the NCAs is extremely
497 challenging due to the dispersed and more uniform distribution of settlements across the
498 area and associated population structure [65]. Against this background it appears
499 questionable that almost 50% of the DOHs across all regions claimed their dogs to be
500 vaccinated and almost 69% of the respondents stated the distance to vaccination points was
501 <1 km.

502 Therefore, future MDV campaigns in NCAs will need to adjust the number of vaccine
503 doses to match the dog population per constituency identified in this study, ideally with an
504 upward safety margin, while reconsidering the number and strategic selection of locations for
505 vaccination sites considering landscape and topography [71]. Also, the fact that nearly half
506 (43.6%) of DOHs (n=1228) were not aware of MDV campaigns and the other half did not
507 vaccinate their dogs for various reasons raises questions about awareness and
508 communication regarding these intervention measures. Regular community engagement and
509 ongoing awareness of MDV are critical, and strategies must be adaptable and make the best
510 use of all available resources [72] and help increase dog owner participation in vaccination
511 campaigns, as recently demonstrated in Tanzania [73].

512 In comparison to the rather spread out human population and the size of the country
513 Namibia has one of the best rabies surveillance systems in Africa [6,74]. With this in mind, it
514 seems interesting to note that 7.7% of DOH having affirmed dog fatalities in the previous
515 year assumed that their dogs had most likely died from rabies. If projected to the entire HHs
516 in the NCAs this would amount to more than 5,000 rabies suspect dogs. Even if only 50% of
517 these were considered due to the uncertainty factor in defining HHs as mentioned above, it
518 would still be quite a high number of supposedly suspected rabies dogs. However, rabies
519 prevalence varies from region to region and in time, so extrapolation to the entire region may
520 lead to an overestimation. Also, it remains unclear how many of these suspected rabid dogs
521 were confused with diseases of similar neurologic signs. Regarding mortalities in dogs in

522 reference to infectious diseases other than rabies, there is reason to believe that canine
523 distemper virus (CDV), canine parvovirus (CPV), canine babesiosis, snakebites
524 envenomation, and toxicosis which can also cause neurological signs similar to rabies, are
525 present in the NCAs, as it is in other African countries [75,76]. However, it appears that the
526 number of rabid dogs is somehow underestimated and surveillance including laboratory
527 confirmation could still be improved.

528 In addition, it was important to see the extent to which previous interventions have
529 changed public perceptions and attitudes regarding rabies control. The KAP survey revealed
530 a rather heterogeneous picture: Given that the majority of respondents had scores below
531 average in the areas of knowledge (53.1%, Fig 5) and attitude (63.5%, Fig 6), the relatively
532 positive performance of respondents (66%, Fig 8) in terms of practices is seemingly
533 contradictory. One problem associated with this observation is that it may be biased because,
534 unlike the knowledge and attitudes themes, which included all HHs (3726), only HHs with bite
535 victims (407) were interviewed for the practices theme. One may argue that this may better
536 reflect the actual situation, as respondents provided accurate information about what they
537 specifically did when they were bitten by a dog. On the other hand, valuable information is lost
538 when respondents are theoretically asked what they would do if bitten by a dog without prior
539 experience.

540 The self-reported dog bite incidence per 100,000 people in the NCAs ranged between
541 262 in the Kunene Region and 1,369 in the Zambezi Region. Interestingly, there seems to be
542 a west-to-east gradient with incidences much above average reported for the two easternmost
543 regions (Fig 7). The reasons for this observation are elusive as no other factor assessed in this
544 survey demonstrated such gradient. One plausible explanation could be that hunting with dogs
545 and a more prevalent interface with wildlife modified the dogs' behavior resulting in more bite
546 inflictions. Generally, the observed bite incidence is very high and comparable with other rabies
547 endemic settings like in South Africa (400) [77], Bangladesh (628) [78] and Pakistan (935)
548 [79]. Dog bite incidences reported from African countries e.g. Ghana (248) [80], Nigeria (200)
549 [81], Kenya (248) [82] and Tanzania (60) [83] were lower, but only relied on hospital based
550 surveillance data. Also, it was observed that 1.7% of HHs with dog bites in the past 2 years
551 reported a total of seven victims dying from rabies in some parts of the NCAs. If extrapolated,
552 this would result in a human rabies incidence in humans of 19.8/100,000 inhabitants. This is
553 in contrast to previous official reports which indicated a much lower rabies incidence in humans
554 of 0-2.4/100,000 [6].

555 Although the majority of respondents (97%) declared they would seek medical advice,
556 92% visited a hospital after a bite incident, and 88% completed the full PEP course. This
557 compliance is quite exceptional and in contrast to e.g. results from Uganda [37] where only
558 56% of the interviewees indicated that dog-bite victims should visit a hospital and only 3

559 percent received PEP. While traditional therapies may be an issue in other socio-cultural
560 settings [37,84–86], in this study only six respondents (1.5%) declared that they sought
561 traditional treatment, despite the fact that 8% (298/3726) mentioned that they were aware of
562 various traditional methods of treatment relating to dog bites in humans but also regarding the
563 treatment of dog bite wound in dogs (S7 Table).

564 Still, as any rabies victim is preventable, the respondents' practice patterns (Fig 8) and
565 particularly their reasoning for not attending to a hospital clearly indicates that improvements
566 in awareness and post exposure prophylaxis are needed. This requires closer cooperation
567 between public health and veterinary services. Experience has shown that implementing an
568 IBCM within a One Health framework can significantly improve rabies surveillance and
569 performance and access to post-exposure prophylaxis (PEP) in a region [87–92].

570 As a quantitative method, KAP surveys serve to gather information from representative
571 segments of the population to uncover general behaviors including misconceptions or
572 misunderstandings towards health activities implemented or to be implemented and
573 associated behavioral changes. However, there are various challenges of conducting surveys
574 in different settings. A major limitation is that KAP surveys essentially record respondents'
575 opinions, which may not reflect the real scenario because people tend to provide answers that
576 they think are right or that are generally accepted and appreciated with sensitive topics being
577 particularly challenging [17]. Extrapolation to the general population should therefore be
578 undertaken with caution. In addition, data is collected at a single point in time, i.e. 2021.
579 Although two smaller KAP studies had already been conducted in the area, the focus was
580 different [39,40] making it difficult to measure changes in the human population over time.

581

582 **5. Conclusions**

583 This large-scale survey offered valuable insights into dog populations sizes in the NCAs as
584 well as rabies related knowledge, attitude and practices of people living in this area. There
585 are obvious deficiencies in all three of the latter topics, which need to be addressed by key
586 stakeholders if rabies control and prevention is to be improved. Targeted, large-scale
587 awareness and education campaigns focused on information about the risks associated with
588 dog-borne rabies and the proper behaviors to avoid those risks could prevent unnecessary
589 deaths. In a true One Health context, this requires a greater commitment by public health
590 agencies as regards both prevention and post-exposure prophylaxis. Piloting of an integrated
591 bite case management system should be considered. From a veterinary perspective, mass
592 dog vaccination campaigns require more accurate planning based on realistic regional dog
593 population sizes and more efficient approaches to achieve better vaccination coverage in
594 dogs. Better strategic selection of vaccination sites, increased use of oral immunization in

595 view of the large number of free-roaming dogs, but also increased involvement of external
596 (national and international) partners in mass vaccination campaigns (outsourcing) in view of
597 limited resources should be considered if substantial progress is to be made in the control of
598 canine rabies in the near future.

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604 enumerators involved in this large-scale KAP survey for their overwhelming willingness and
605 efforts to make this unique study a success.

606

607 **Legend to the figures**

608 Figure 1: Map of Namibia (A) showing the location of households (HH) surveyed in the NCAs
609 from April to June 2021. Dog owning households (DOHs) are highlighted in green (B).

610 Figure 2: Socio demographic characteristics of 3726 HH's respondents in NCA, Namibia,
611 2021.

612 Figure 3: Calculated HDRs for the NCAs according to regions as per survey data. Borders of
613 constituencies are indicated.

614 Figure 4: Comparison of projected HDR per HH differentiated between rural and urban in the
615 survey. The human population density at the location of the individual survey was derived
616 from the Gridded Population of the World, Version 4 (GPWv4) (Center for International Earth
617 Science Information Network - CIESIN - Columbia University 2018).

618 Figure 5: Respondents' responses to the question about rabies: A: What animals can get
619 rabies?; B: What is the main source/vector of rabies?; C: What is the mode of transmission?;
620 D: What are clinical signs of rabies?; E: Can rabies be treated?; F: What prevention methods
621 do you think is the most appropriate?; G: Distribution of respondents total knowledge score.

622 Figure 6: Answers of respondents when ask what would they do if they (A) would encounter
623 a suspect rabid dog and (B) were bitten by a dog. Distribution of respondents' total attitude
624 score (C).

625 Figure 7: Graph depicting the dog bite incidence in the different Northern Regions of
626 Namibia. Mean (circle) and 95% CI (whiskers) are indicated. The dashed line and grey area
627 symbolize the mean and 95% CI for the total NCAs.

628

629 **Supporting information**

630 S1 Table. Sociodemographic characteristics of the participants (n =3726)

631 S2 Table. Number of dogs recorded during the survey and vaccinated against rabies in 2020
632 in different regions of the the NCAs

633 S3 Table. Univariable and final multivariable logistic regression model to determine the
634 factors associated with dog vaccination among respondents of DOHs (n=2476).

635 S4 Table. Dog bite reporting and resulting dog bite incidences for the regions of the NCAs.

636 S5 Table. Univariable and final multivariable logistic regression model to determine the
637 factors associated with the respondent knowledge of rabies (good vs fair to poor) in NCA,
638 Namibia (2021).

639 S6 Table. Final multivariable logistic regression model to determine the factors associated
640 with the respondent attitude towards rabies (favourable vs unfavourable attitude) in NCA,
641 Namibia (n=3252).

642 S7 Table. Respondents' statements regarding traditional treatment of dog bites and
643 treatment of dogs bitten by other dogs (by region) in NCAs (n=3726).

644 S1 Fig. Map of the NCAs showing the constituency wise estimated dog population based on
645 the projected human population for 2021.

646 S2 Fig. Map of the NCAs showing the constituency wise estimated dog density (dogs/km²).

647

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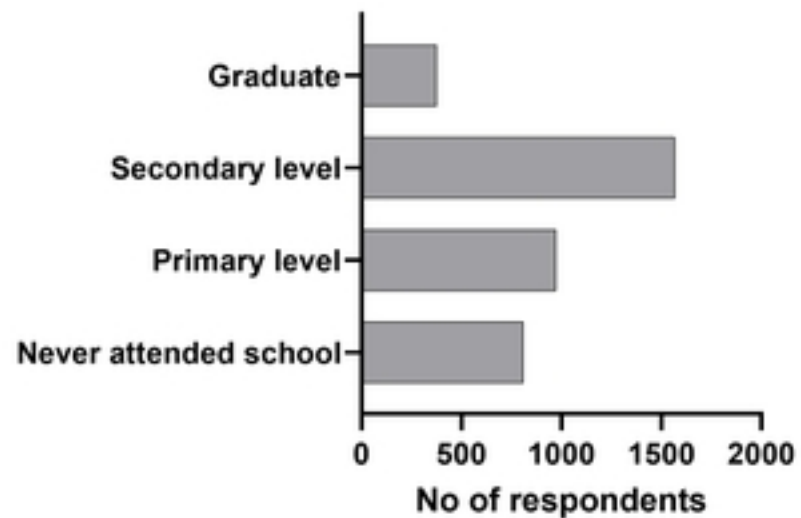
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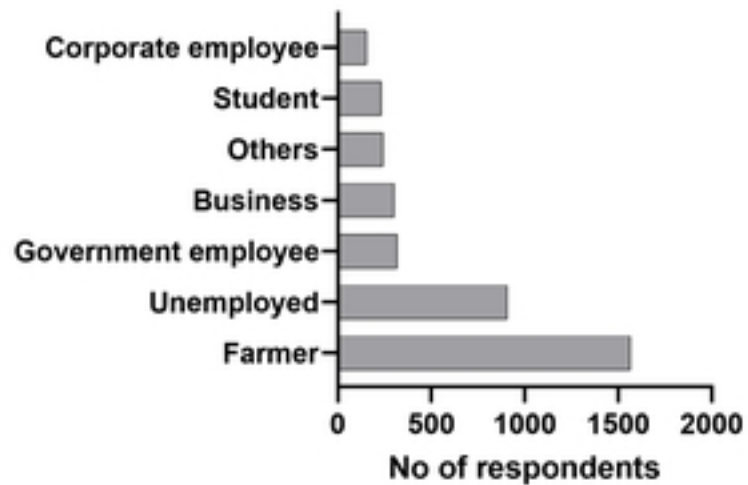
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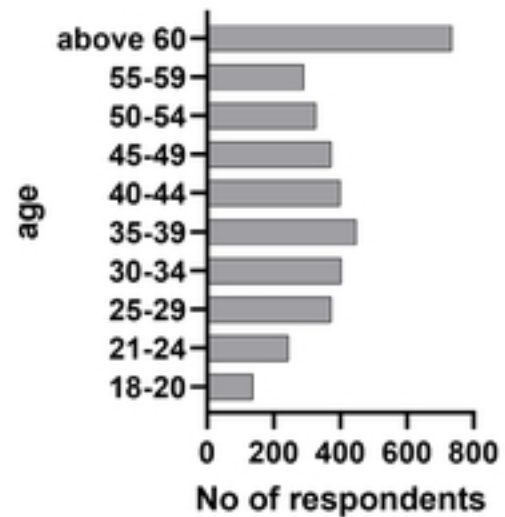
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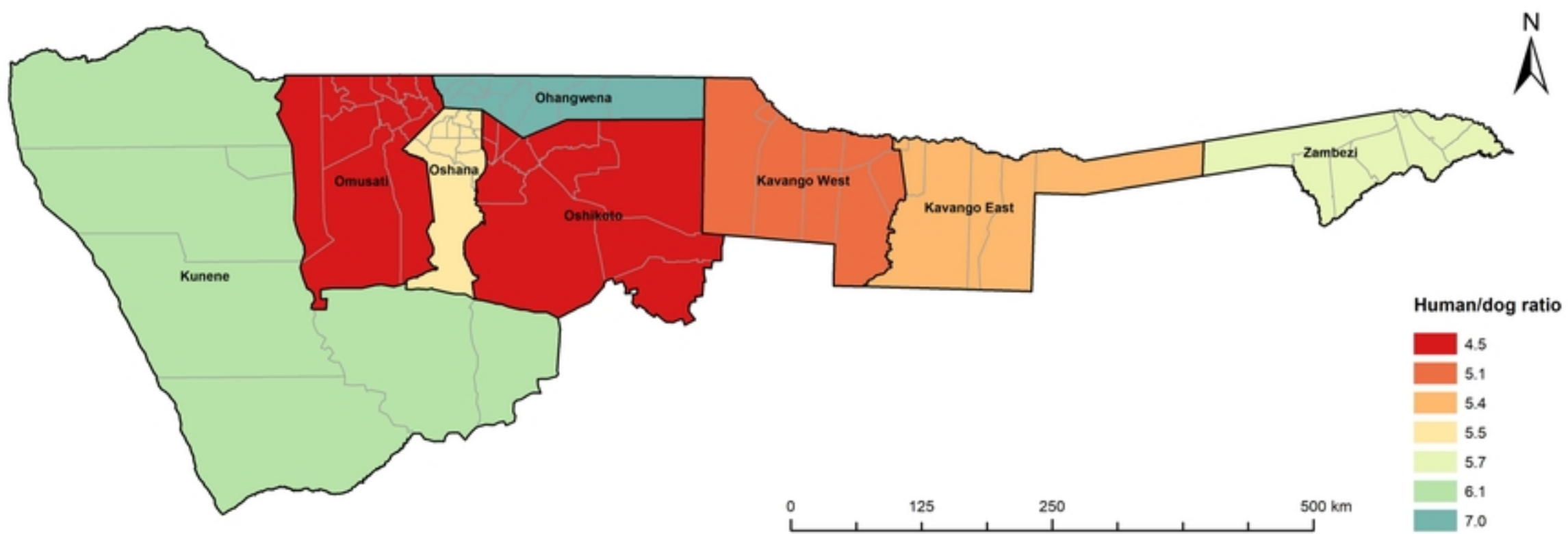
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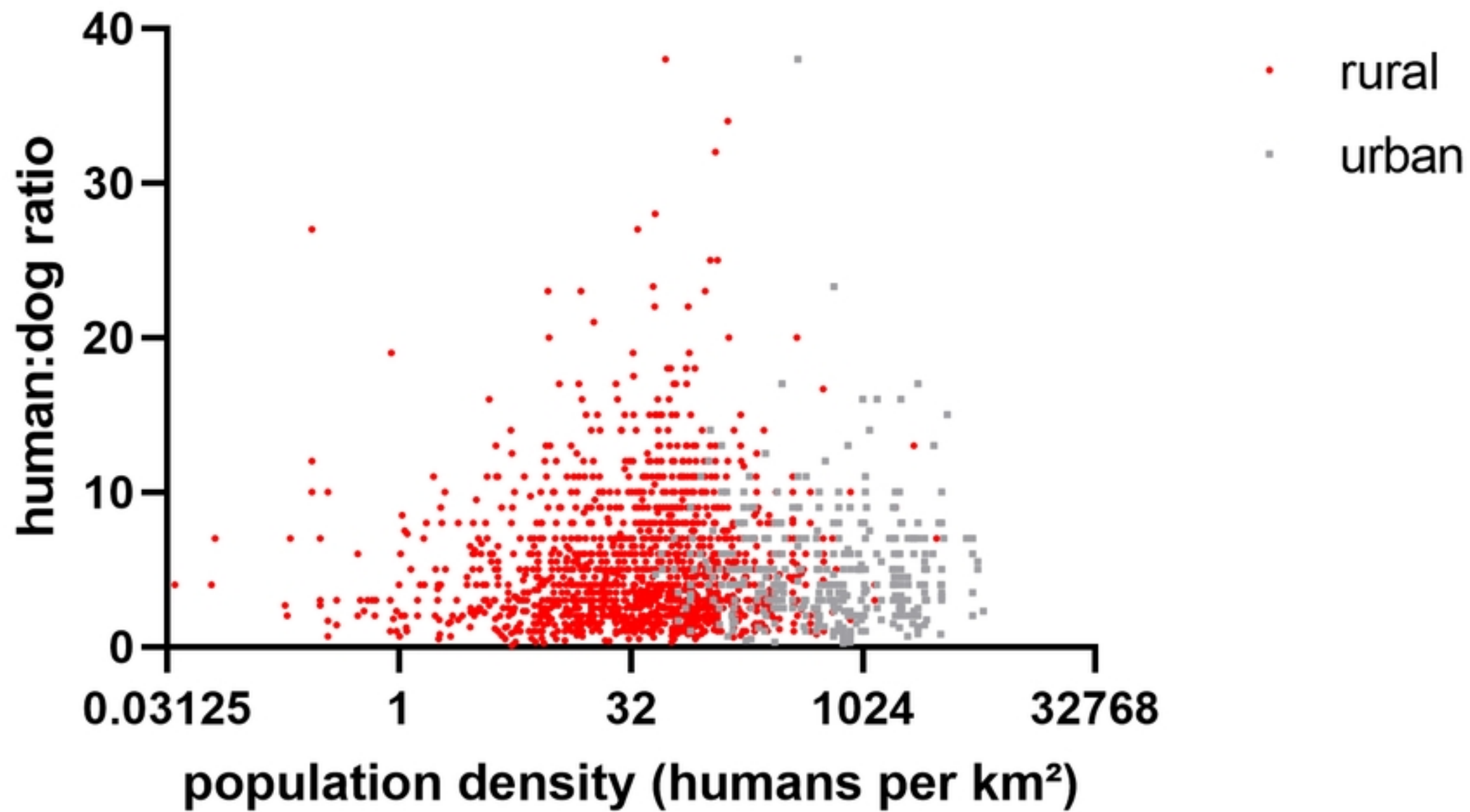
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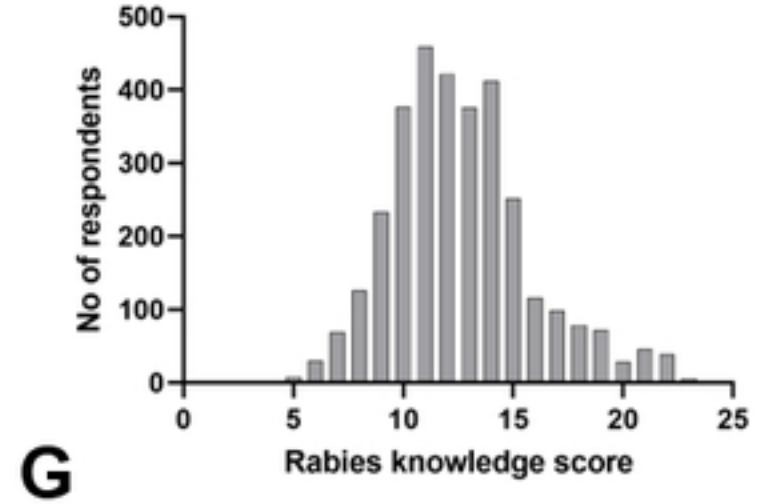
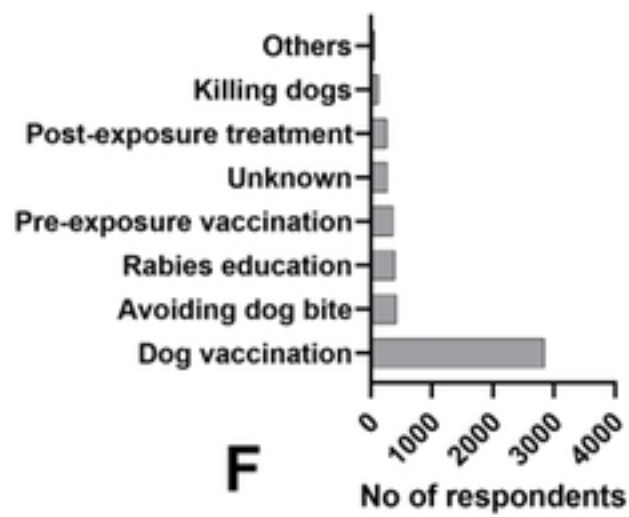
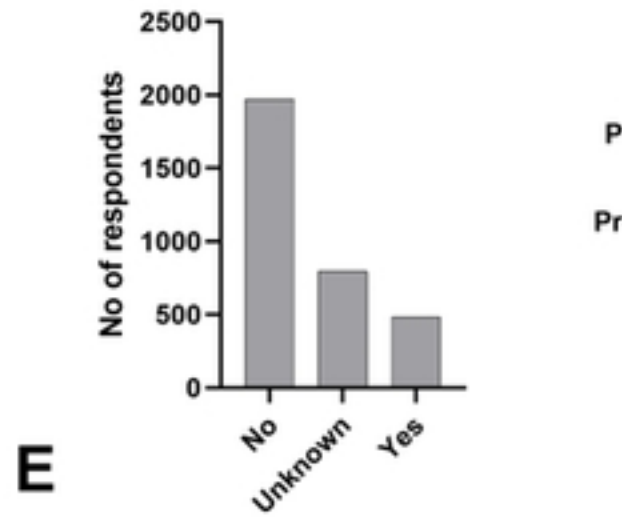
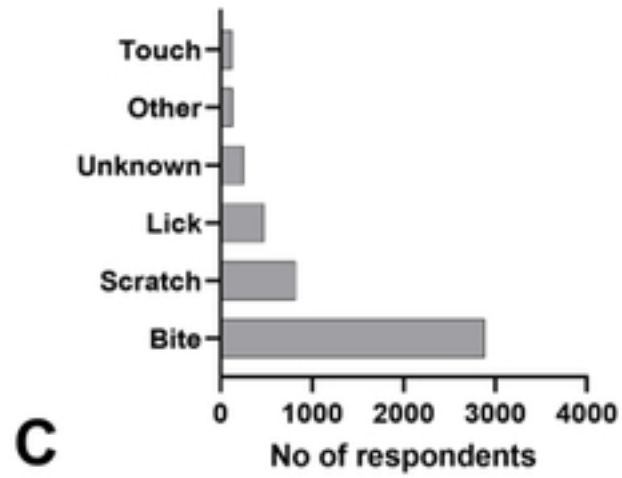
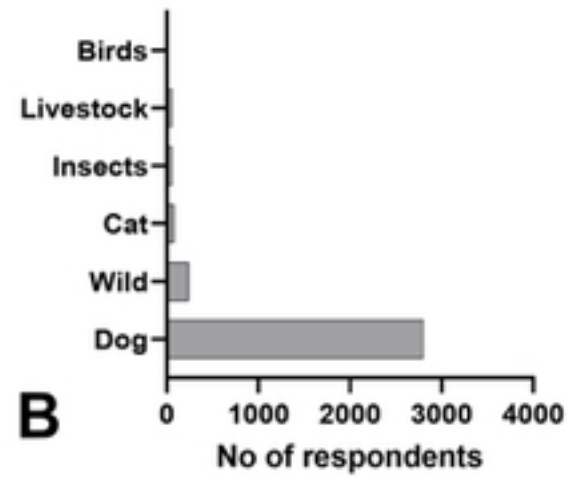
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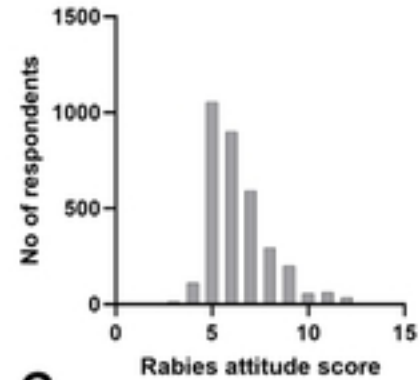
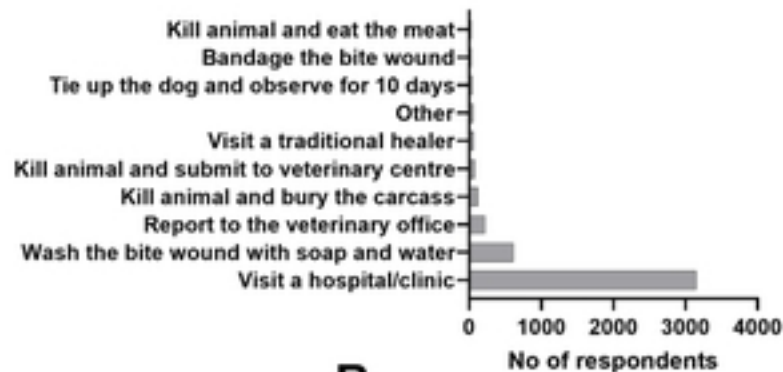
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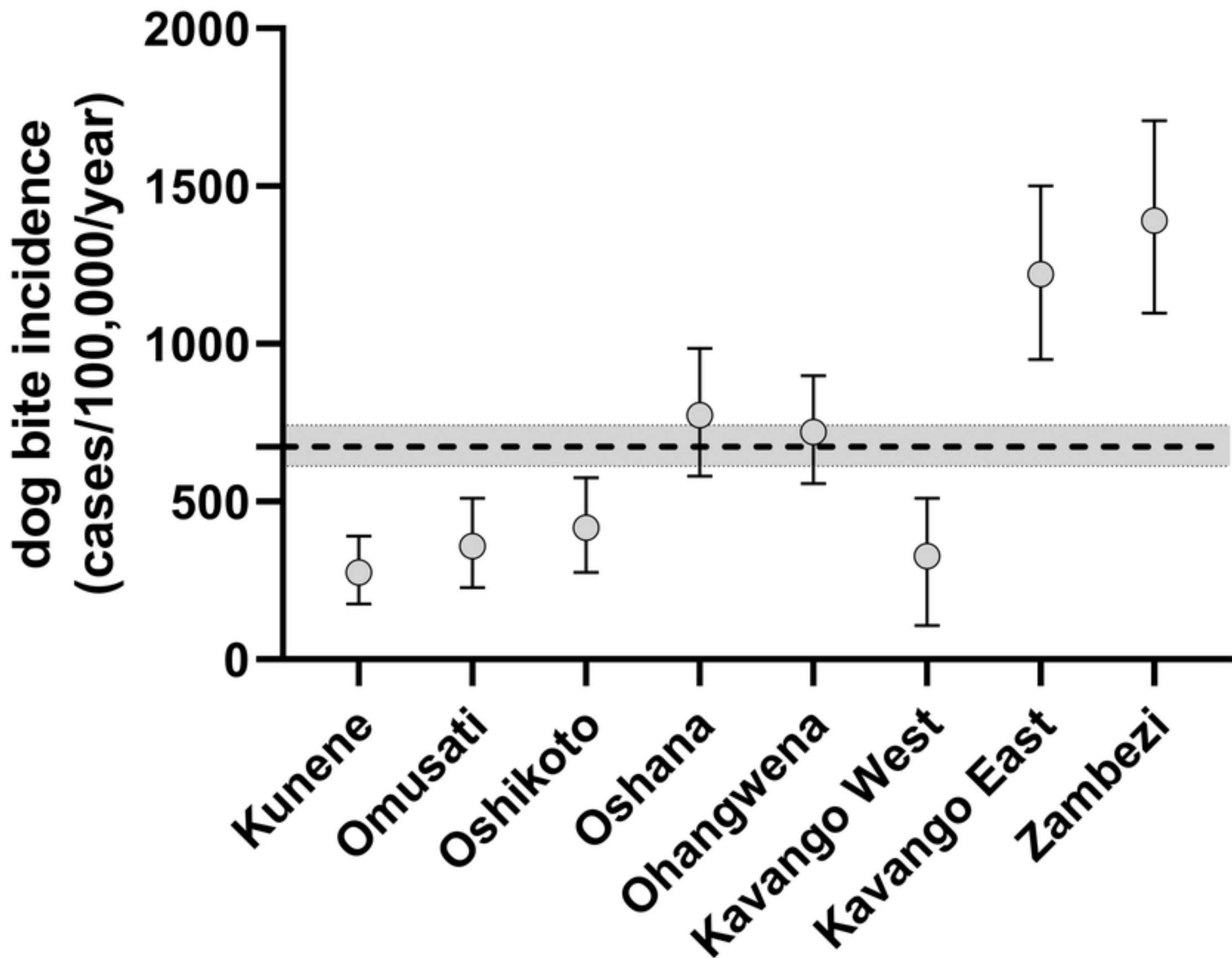
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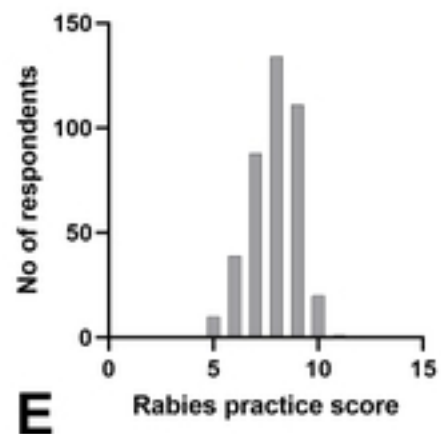
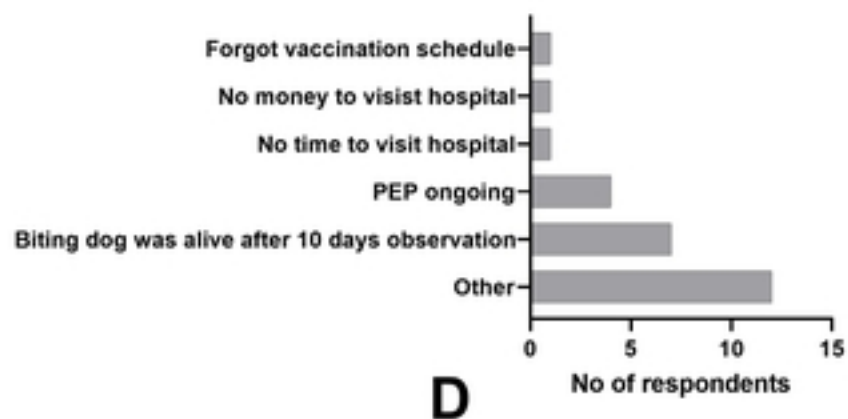
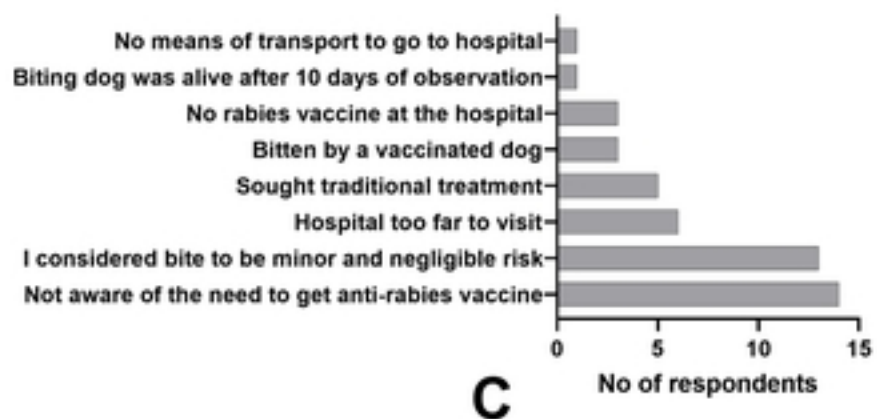
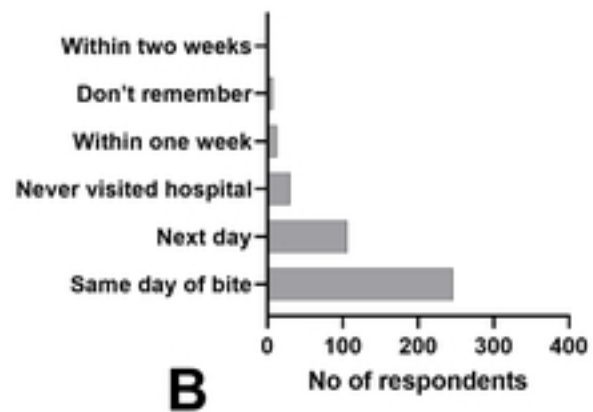
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